

Vernā Myers TED Talk Back Discussion Questions

“How to Overcome Our Biases? Walk Toward Them!”

1. What are your reactions to the TED Talk? What resonated with you and why?
2. Do you see racism and implicit bias in yourselves? In others? How does it show up?
3. Do you have any personal experiences with encountering racial bias (positive or negative, conscious or unconscious) based on race?
4. How does racism impact your personal and professional lives?
5. What about the 3 steps that the talk suggests? (i.e. Go Looking for Your Biases, Walk Toward Your Discomfort, Have the Courage to Say Something)
 - a. Do they seem actionable? Which one(s)?
 - b. What questions do you have about making them actionable?
 - c. What actions are you prepared to take to stand against racism?